

Celebrating 10 Years of CDC's National Public Health Institute Program

As the U.S Centers for Disease Control and Prevention (CDC) celebrates the 10th anniversary of its National Public Health Institute (NPHI) Program, we reflect on its growth, achievements, and value to global health security and public health.

NPHIs: Providing Leadership and Coordination for Public Health at the National Level

NPHIs are government-based agencies that serve as the national focus for a country's public health activities. They coordinate and lead efforts to promote health and prevent, detect, and control diseases. Because each country's health system is different, these agencies have varied names including CDCs, National Institutes of Public Health, or Public Health Agencies. In most countries, NPHIs typically are under the umbrella of the Ministry of Health (MOH).

Over the past century, many countries have created public health institutes. Among the oldest are Brazil (1900) and Colombia (1917). More recent models include the U.S. CDC (1946), China CDC (1983), Canada (2004), and Liberia (2017). As of December 2020, membership with the global network of NPHIs, International Association of National Public Health Institutes (IANPHI), consists of 110 NPHIs in 95 countries. These NPHIs help more than 5 billion people.

CDC's NPHI Program: Helping Build Better Public Health Systems

The world experiences the emergence of new diseases, the re-emergence of existing ones, and the threat of disease outbreaks that know no borders. This has highlighted the acute need for strong national public health systems that can carry out essential public health functions. These systems are prepared to rapidly detect and stop outbreaks from spreading. They can also collect, analyze, and disseminate critical data during a health crisis. Often, these functions are spread out among different agencies which complicates coordination and leads to inefficiencies. Gathering the functions within a single entity — an NPHI — helps resolve these issues.

NPHIs play a critical role in strengthening public health systems. They allow countries to be better equipped to collect and use data, as well as plan, implement, and monitor programs. Ultimately, stronger NPHIs save money and lives. As stated by Dr. Kip Baggett, Chief of the Workforce and Institute Development Branch where CDC's NPHI program is housed, "An NPHI is the glue that pulls together essential public health functions that are crucial for health security, including disease surveillance, emergency response, laboratory systems, and public health workforce development. These critical activities work better and are better coordinated under the leadership of one NPHI."

Seeing the global value of NPHIs, CDC partnered with IANPHI and the Gates Foundation in 2011 to launch a new program. CDC's NPHI Program provides technical assistance, guidance, and support to countries developing new NPHIs or strengthening existing ones. When a country asks for assistance, CDC can



CDC, like many national public health institutes, started small by occupying one floor of a building in downtown Atlanta in 1946.

help devise a strategic plan aligned with public health priorities;

- help focus operational and sustainability planning;
- provide technical assistance for core functions; and,
- make connections with other established institutes or U.S. state health departments.

Over the past decade the program has worked with more than 30 countries worldwide, linking with critical platforms such as PEPFAR, the World Bank, WHO, Africa CDC, and many others. "CDC has been a successful role model for National



In 2019, National Public Health Institute of Liberia's bioengineers perform calculations to assess and repair bio safety cabinets as part of the Bio Safety Cabinet Certification training program. *Photo: Dennis Jarvis, CDC*

Public Health Institutes, emphasizing science, service, prevention and surveillance," says Dr. Jeffrey Koplan, former director of the CDC and co-founder of IANPHI. "Its efforts over the years, including its support of IANPHI's programs, have strengthened public health globally and promoted best practices."



In 2015, Colombia's then-President Juan Manuel Santos (fourth from left) and INS Director Martha Ospina (second from right) celebrate the official opening of the PHEOC, which was instrumental in stopping the spread of Zika across the country.

Investment in Partnerships and Preparedness: Strengthening Public Health Functions

Over the past decade, CDC's NPHI Program investment has had a direct impact in many areas.

2014: Africa Union

In 2014, CDC began collaborating with the **Africa Union** to support development of the Africa CDC. The partnership continues today in areas such as emergency management, workforce development, event-based surveillance, antimicrobial resistance, border health, and mortality surveillance.

2015: West Africa, Colombia

The 2015 **West Africa** Ebola epidemic ignited quick action by Guinea's institute and agencies in surrounding countries (Guinea Bissau, Côte d'Ivoire, Cameroon). The four institutes prepared for potential cases crossing borders, provided infection prevention and control and rapid response training, supported emergency response staff, conducted KAP surveys, and handled specimen transport.

When the Zika epidemic hit **Colombia** in 2015, their NPHI safely and efficiently handled the increased volume of laboratory specimens, conducted disease surveillance, and coordinated research on this emerging infectious disease.

2016-2018: Zambia

CDC's investment in emergency preparedness and response in **Zambia** spanned several years (2016-2018) and continues today in other areas. Cholera outbreaks are an annual occurrence in the country. But the creation of an Emergency Operations Center (EOC) and progress in infection control measures have resulted in quick detection, timely response, and stopping the spread during cholera outbreaks in Zambia, which was especially evident during the large cholera outbreak in 2017-2018.



Photo: Dr. Bweupe, Former Director of the Zambia National Public Health Institute, visits the Bauleni Health Clinic in Lusaka in 2015 to discuss the new Emergency Operations Center and infection control improvements in the spread of cholera.

2017: Staged Development Tool Launched

In 2017, CDC and IANPHI launched the NPHI Staged Development Tool (SDT) to help NPHIs assess their capacity and plan for better functioning. As of May 2021, 9 countries have implemented the SDT; the first ever virtual implementation was held

in 2020 in **Côte d'Ivoire**. **Burkina Faso** and **El Salvador** will implement the SDT in 2021. CDC also invested in the Best Practices series so NPHIs could learn from each other about governance, mentorship, staff retention, and recruiting a director.

2018: Uganda, Rwanda

In 2018, shortly after the Democratic Republic of the Congo (DRC) declared an Ebola outbreak, **Uganda** activated its EOC and quickly implemented preparedness efforts, including a surveillance system to detect suspected cases and prevent cross-border transmission. This was the largest Ebola epidemic in the DRC, but Uganda saw only 3 cases, all of them imported and controlled without further spread.

In 2018, workforce development investment in **Rwanda** resulted in national mentorship guidelines which built upon and expanded a successful PEPFAR model.

2019: Liberia, Mozambique

In 2019, CDC partnered with the Association of Public Health Laboratories (APHL) and Eagleson Institute to develop a Bio Safety Cabinet (BSC) program in **Liberia**. This included purchasing supplies, delivering on-site biosafety engineer instruction, and training senior Liberia NPHI leadership to manage a BSC program. Currently, four biosafety engineers are working on their certification which will help protect laboratorians and prevent lab specimens from contamination and unintentional spread of a disease.

In 2019, two cyclones hit **Mozambique's** coastline back-to-back. **Mozambique's** NPHI (called INS) coordinated surveillance and outbreak response activities, sending rapid response teams to assess the situation and prepare for disease outbreaks. INS established an emergency surveillance system, including laboratory diagnosis. Several cholera outbreaks hit the affected areas but INS's quick response led to mass vaccinations, saving many lives.

2020: Cambodia

In 2020, as part of its efforts to address the COVID-19 pandemic in **Cambodia**, the country's NPHI trained more than 100 laboratory staff to collect and test specimens. The NPHI also purchased training materials and equipment. Cambodia was able to collect and analyze more specimens and better control the pandemic.



Africa CDC, based in Addis Ababa, Ethiopia, with five regional collaborating centers, coordinates continent-wide response outbreak efforts including responses to Ebola and COVID-19. *Photo: Africa CDC, May 2020*

Looking Forward

In the future, CDC will continue to support NPHIs globally to serve their home countries and link to their regional neighbors. Building and improving sustainable homes for public health through strategic investments in NPHIs will help to better prevent and control disease outbreaks and make the world a safer place.

Learn More

- National Public Health Institutes (NPHI)
- Creating a Lasting Home for Public Health
- Learning from Cholera Outbreak to Build a Stronger Public Health Institute

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